

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019 Tower 3



10:00 Exercises Lounge
10:30 1.1 Beauty
2:00Henry & Friends (DR)

10:30-Badminton-Tower 3 Lounge
2:00-Beauty Hour-Tower 1 Library

3
10:30-Crokinole Dixon DAK
2:30-Devon Park Church-FC
3:00 Sunday Tea (T1 DR)

Renee off today 4
10:00-Exercises-Lounge.

Renee off today 5

Mardi Gras

Renee Tower 2 PM 6
10:30-Board Games-Lounge
2:30 Worship Service
Ash Wednesday

Renee on T2 7
2:30 Baptist Communion (Chapel)

10:00 Exercises Lounge
10:00 Helping Hands
2:30 David Neilson (DR)

10:30 Morning Social (Hemlock Lounge)

10

3:00 Sunday Tea (T1 DR)
Daylight Saving Time Begins

11
10:00-Exercises Lounge
10:30-Coffee at Dave's
2:00-Hymn Sing-FC

Renee late 12
2:00-AI Sherwood-FC
7:00-Doucette's-(FC)

Renee Late Tower 2 13
10:45 Tai Chi (FC)
2:30-Church-FC
7:00-Vernon Moir-(Dixon)

Renee Late on T2 14

2:30Catholic Mass (Chapel)

10:00 Exercises Lounge
10:00-1.1 Beauty Hour-Library
2:00-St. Paddy's Day Party-FC

10:45 Trivia Time (T1 Lounge)
2:00 Movie Matinee (T3 DR)

10:45 Book Club **17**
*Little Women (Dixon Sunroom)
2:30-Salvation Army-FC
3:00 Sunday Tea (T1 DR)
St. Patrick's Day

18
10:00-Exercises-Lounge
10:00-Coffee at Dave's
2:00- Music w. Paul Leger (DR)

19
11:00-Music Therapy-Lounge
2:00-Bernice Hood & Friends-FC

Renee Tower 2 PM 20
10:00 Zumba (FC)
11:00-Badminton-Lounge.
2:30-Church-FC
Spring Begins

Renee on T2 21

2:30 United Communion (FC)
Purim

10:00 Exercises Lounge
10:30-Cheery Cart
2:00 Music w. Don, Earl & AI (FC)

10:30-Baking-T 3 AK
2:00-Beauty Hour-T1Lounge

24
10:30-Crokinole-DAK Dixon Lounge
3:00 Sunday Tea (T1 DR)

Renee off today 25
10:00-Exercises-Lounge
2:00-CWL Bingo-T 1 DR

Renee off today 26

6:45-Paul Blackmore-T 3 DR

Renee Tower 2 PM 27
10:45 Tai Chi (FC)
2:30-Church-FC

Renee on T2 28

2:00 Anglican Communion (Chapel)

10:00 Exercises Lounge
11:00 McAdam Ave School (T3Lib)
2:00-Men's Social (Day Program)

10:45 iPad Games (T1 Lounge)
2:00 Music Performances with Jerry's Music Studio (FC)

31
10:30 Morning Social (DAK)
3:00 Sunday Tea (T1 DR)

Programs may change. Please check the DR for the updated Activities.

It was one of those March days when the sun shines hot and the wind blows cold: when it is Summer in the light, and winter in the shade.
- Charles Dickens


