

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Tower 3

Kindness is like snow-it beautifies everything it covers.
Kahlil Gibran



New Year's Day

2
10:30-Baking-AK
2:30-Church-FC
2:30-1.1 Visits

3
10:30-Crokinole-Library
2:00-Henry & Friends-T 2 DR
2:00-Afternoon Social-AK

4
10:00-Exercises-Lounge
10:30-Café Visits
2:00-Marr Honey Presentation-FC

5
10:30-ipad Games-T 1 Lounge
2:00-Beauty Hour-Lounge

6
10:30-Trivia-Dixon
2:30-Church-FC

7
10:00-Exercises-Lounge
10:30-Beauty Hour-Library
2:00-Afternoon Games-Lounge

8
Renee late
2:00-Al Sherwood-FC
7:00-Doucette's-FC

9
Renee late
2:00-1.1 Visits
2:30-Church-FC
7:00-Vernon Moir-(Dixon)

10
12:00-Luncheon-AK
2:30-Catholic Mass-(Chapel)
3:00-1.1 Visits

11
10:00-Exercises-Lounge)
10:30-Coffee at Dave's
2:00-Paul Leger-DR

12
10:30-Trivia-T 1
2:00-Social-T 3



13
10:30-Book Club-(Dixon Sunroom)
2:30-Afternoon Tea-T 1 DR

14
10:00-Exercises-Lounges
10:30-Coffee at Dave's
2:00-Hymn Sing-(FC)

15
11:00-Music Therapy-Lounge
2:00-Bernice Hood & Friends-FC

16
10:30-Cheery Carts-Rooms
10:45-Tai Chi-FC
2:30-Church
2:00-1.1 Visits

17
10:30-Helping Hands-Lounge
11:00-Creative Colors-Lounge
2:30-United Comm-FC


18
10:00-Exercises-(Lounge)
10:30-Trivia-AK
2:30-David Neilson-DR

19
11:00-Ball Toss-Tower 3 Lounge
2:00-Baking Cookies-T 1 AK

20
10:30-Painting-DAK
2:30-Salvation Army-FC
3:00-Afternoon Tea-T 1 DR

21
Renee off Today

Martin Luther King Day
Tu B'Shevat

22

6:45 Paul Blackmore-T 3

23
10:30-Men's Coffee & Chat-(AK)
2:30-Church-FC
2:30-1.1 Visits
7:00-Rivervalley Dogs-Tower 3

24
10:30-Crokinole-Library
2:00-1.1 Visits
2:00-Anglican Comm-CH
6:30-Rivervalley Fiddlers-FC

25
10:30-Creative Colors-Lounge
2:00-Don & Earl-FC

26
10:30-Trivia-T 1 Lounge
2:00-Beauty Hour-Lounge

27
10:30-Social Hour-Dixon
2:30-Tea Time-T 1 DR

28
10:00-Exercises-L
10:30-Coffee at Dave's
2:00-CWL Bingo-T 1 DR
Australia Day (observed)

29
Renee late
2:00-Cheery Cart-Rooms
6:30-Winter Stories with Jane-Lounge.

30
Renee late
10:45-Tai Chi-FC
2:30-Church-FC
2:30-1.1 Visits
6:30-Evening Visits-Lounge

31
11:30-Luncheon-AK
2:30-Games-Lounge

Programs may change, please check updates in the dining room.



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