

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|--|
|  | | 1 Mariah's Late Week 10:30 Music Therapy (Dixon) 2:00 Music Therapy (T2)  New Year's Day | 2 2:30 Worship Service (FC) 6:45 Movie Night  | 3 2:00 Music with Henry & Friends (T2 DR)  | 4 10:00 Pet Visits 10:45 Ladies Beauty Time 2:00 Marr Honey Presentation (FC)  | 5 10:45 iPad Games (T1 Lounge) 2:00 Ladies Beauty Time (T3 Lounge) |
| 6 10:30 Morning Social (Hemlock Lounge) 2:30 Worship Service (FC) 3:00 Sunday Tea (T1 DR) | 7 Happy Birthday Lois! 10:00 Pet Visits 10:45 Coffee & Chat 1:30 Aromatherapy 2:30 Bowling | 8 10:30 Walks & Talks 2:00 Music with Al, Eileen & Geordie (FC) 7:00 Music with Doucette Family (FC) | 9 10:00 Zumba (FC) 1:30 New Resident Meet & Greet (LC) 2:30 Worship Service (FC) 7:00 Music with Vernon & Wade (DDR) | 10 10:00 Pet Visits 10:45 Brain Games 2:00 COOP Student Farewell 2:30 RC Mass (Chapel) | 11 10:00 Baking with Mariah  2:00 Pathways Music Program | 12 10:45 Trivia Time (T1 Lounge) 2:00 Apple Cider Social (T3 DR) |
| 13 Happy Birthday David! 10:45 Book Club *Little Women* (Dixon Sunroom) 3:00 Sunday Tea (T1 DR) | 14 Mariah off lieu of 12th 2:00 Hymn Sing (FC)  | 15 Mariah off lieu of 13th 2:00 Music with Bernice Hood & Friends (FC) 2:00 Music Therapy (T2)  | 16 10:45 Tai Chi (FC) 1:15 Fiddler's Fancy (T2 DR) 2:30 Worship Service (FC) | 17 10:30 Visits with Nashwaaksis Memorial School 2:00 Saxophone Music with Paul Leger (T2 Lounge) 2:30 UCC & Pres. Communion (Chapel) | 18 10:00 Pet Visits 10:45 Ladies Beauty Time 2:00 Music with Gary Fullerton and Friends (FC) | 19 11:00 Ball Toss (Tower 3 Lounge) 2:00 Baking Tower 1 DR |
| 20 10:30 Painting DAK 2:30 Worship Service (FC) 3:00 Sunday Tea (T1 DR) | 21 Mariah's Late Week 10:00 Pet Visits 10:45 Brain Games 1:30 Aromatherapy 2:30 Creative Colouring <small>Martin Luther King Day Tu B'Shevat</small> | 22 2:30 Music with David Neilsen  6:30 Dog Visits with St. John Ambulance | 23 10:00 Zumba (FC) 2:30 Worship Service (FC) 7:00 River Valley Dog Obedience Group (T2 West & T3) | 24 Happy Birthday Barbie! 1:30 Aromatherapy 2:30 Bowling 2:00 Anglican Communion (CH) 7:00 River Valley Fiddler's (FC) | 25 10:00 Baking with Mariah 2:00 Music with Don, Earl & Al (FC) | 26 Happy Birthday Sheila! 10:45 Trivia Time (T1 Lounge) 2:00 Ladies Beauty Time (T3 Lounge) |
| 27 10:30 Morning Social (Hemlock Lounge) 3:00 Sunday Tea (T1 DR) | 28 10:00 Pet Visits 10:45 Morning Coffee & Chat 2:00 CWL Bingo (T1 DR) <small>Australia Day (observed)</small> | 29 10:00 Friendly Visits 10:45 Ladies Beauty Time 2:00 Music Therapy (T2) | 30 10:45 Tai Chi (FC) 2:30 Worship Service (FC) | 31 10:00 Pet Visits 10:45 Guess the Nursery Rhyme 2:00 Movie Matinee |  <p>Activity Coordinator: Mariah Giberson Phone: 444-3880 ext. 3110 E-mail: mgiberson@yorkcarecentre.ca</p> | |

Programs are subject to change. Please check the daily sign in the T2 Dining Room ☺